

2018



# Metrotown Walking Map



## WHY WALK?



### Health and Happiness

Walking increases health and happiness as part of an active lifestyle.



### Environment

Walking benefits the environment when it replaces other forms of motorized transport.



### Social engagement and Inclusion

Walking increases social engagement and feelings of inclusion by providing opportunities to meet and talk with neighbours.



### Safety and security

Walking improves safety and personal security by increasing the number of people on the streets ('eyes on the street'). More walkers also increases drivers' awareness of pedestrians, improving overall safety.



### Economic vitality

Walking promotes economic vitality by encouraging people to spend more time in public spaces and to support local stores and restaurants.



### 20 Minutes a Day

Just 20 minutes of walking a day can reduce the risk of disease and lead to improved fitness, strength and mental health.

## CONTACTS

### CITY OF BURNABY

Walking Information  
(including a PDF of this map)  
[www.burnaby.ca/walking](http://www.burnaby.ca/walking)

Burnaby Access Guidebook  
[www.burnaby.ca/access](http://www.burnaby.ca/access)

"Be Active" Programs in Burnaby  
[www.burnaby.ca/active](http://www.burnaby.ca/active)

Public Art Information  
[www.collections.burnabyartgallery.ca](http://www.collections.burnabyartgallery.ca)

### TRANSLINK

Bus Information  
[www.translink.ca](http://www.translink.ca)  
TripPlanning.[translink.ca](http://translink.ca)

### WALKING CLUBS/ ADVOCACY

Burnaby Outdoor Club  
[www.burnabyoutdoor.com](http://www.burnabyoutdoor.com)

Walkers Caucus  
(New Westminster and Burnaby)  
[www.walkerscaucus.ca](http://www.walkerscaucus.ca)

Canada Walks  
[www.canadawalks.ca](http://www.canadawalks.ca)

Walk21  
[www.walk21.com](http://www.walk21.com)



## METROTOWN NEIGHBOURHOOD WALKS

Walk these six neighbourhoods:

- 1 Central Park North
- 2 Central Park
- 3 Central Park East
- 4 Metro Downtown
- 5 Marlborough North
- 6 Marlborough South

### ABOUT THIS MAP

The walks on this map have been selected to help residents and visitors explore Metrotown's neighbourhoods, parks, civic and cultural spaces. They are one to four kilometres long, on mostly flat terrain, and include suggested rest stops along the way. The routes have no defined start or end point, so just pick up a route where it suits you, choose a direction, and start walking!

### MAP COMMENTS AND FEEDBACK

Planning Department  
[transportation@burnaby.ca](mailto:transportation@burnaby.ca)

## PUBLIC ART IN METROTOWN

Public art can be found throughout Metrotown, from the Korean War Memorial in Central Park, to the "Water Spheres" installation at Royal Oak Avenue and Dover Street. In Metro Downtown (Walk #4), there is an emerging "Art Walk" along the south side of Beresford Street, between Willingdon Avenue and Dow Street. This includes sculptures, a digital panel, and a programmable/curated digital screen. The aim of the public art is to create a distinct sense of place that encourages people to linger, eat, shop and explore. Below are a few examples of art found throughout Metrotown. The numbers on the photos correspond to numbers on the map.



**Birds.** GERRY GLADSTONE. This bronze sculpture/fountain is located near the corner of Nelson and Kingsway



**Cubes.** UNKNOWN ARTIST. This steel sculpture salutes volunteers and volunteering in Burnaby. It is located on Kingsway, east of Sussex Ave.



**Chair Column.** AL MCWILLIAMS. At 15 feet tall, this stack of steel chairs seems to defy gravity. It is located on Silver Avenue in Station Square.



**Aurora.** COLIN KWOK. This bronze sculpture/fountain is located in the outdoor pedestrian corridor of The Crystal Mall.



**Evangeline and Bay B  b  .** JOE FAFARD. These realistic looking bronze powder-coated horse sculptures are located in the Metrotown Library grounds.



**Old Column.** LEAD PENCIL STUDIO. This is a 3-dimensional sketch of a tree becoming a section of lumber. It is located on Beresford Street at Willingdon.



**Say Nothing in Bright Colours.** INSTANT COFFEE. This shimmering sequin mural is on the north side of Central Blvd at Station Square.



**Shed and Blacktail.** MUSE ATELIER. The elegant and elemental form of deer antlers were the inspiration behind these oversized aluminum sculptures. Sited on the Beresford Street Art Walk on Silver Avenue and Telford Avenue, they appear as if naturally shed.



**Dolphins in Unison.** ERIC VANDERZEE. This metal sculpture was installed in 1989 for the opening of the Eaton Centre, now Metropolis at Metrotown.



**Water Spheres.** TONY BLOOM. These nine aluminum spheres represent planets within a central axial pool in a water reclamation park. Located on the northeast corner of Royal Oak and Dover.



**Untitled.** ALAN STOREY. This aluminum and concrete sculpture is on the corner of Nelson Avenue and Bennett Street.



**Bloom.** JILL ANHOLT. Inspired by the opening of Lotus flowers, these aluminum sculptures are located on Nelson Ave. south of Bennett St.



**Unfold.** JILL ANHOLT. Unfold references the elongated twists and turns of Lucky Bamboo--its vivid colour and its essence of energy and growth. Located on Nelson Ave. south of Bennett St.



**Lanterns at the Park.** IE CREATIVE. The five lanterns comprise a "fairy ring" ensemble of stainless steel mushrooms. Located on Nelson Ave. south of Bennett St.



**Water Spheres.** TONY BLOOM. These nine aluminum spheres represent planets within a central axial pool in a water reclamation park. Located on the northeast corner of Royal Oak and Dover.

## 1 Central Park North

This walk takes you through George McLean Park and passes by Old Orchard Park to the east. The walk is accessible and offers opportunities to explore the neighbourhood which serves as the gateway into Metrotown from the west.

**EST. TIME:** 1 hour  
**DISTANCE:** 3.1 km  
**PARKING:** Central Park  
 Patterson SkyTrain Station (500m),  
 Bus Routes 019, 028, 110, 112,  
 129 & N19

## 2 Central Park

This walk follows the Trail of Hope within Central Park. Central Park is an 86 hectare urban park known for its diversity of trees including immense Douglas Fir, Western Hemlock, Cedar, Poplar and Maple groves. An oasis in the heart of the city, enjoy exploring this coastal rainforest on foot, discovering the excellent recreational facilities, North and South ponds and the pretty Earl and Jennie Lohm Perennial Garden.

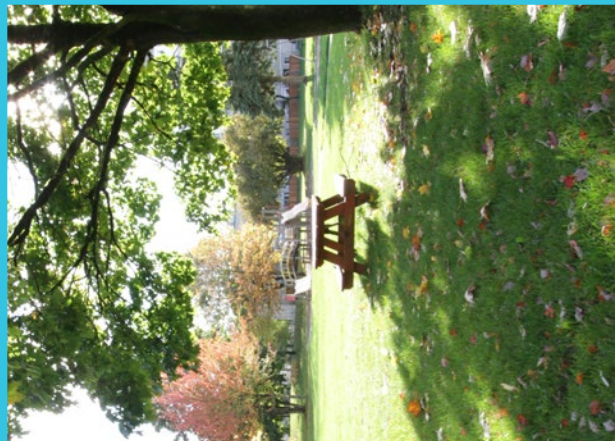
**EST. TIME:** 1 hour 15 minutes  
**DISTANCE:** 3.7 km  
**PARKING:** Central Park  
 Patterson SkyTrain Station, Bus Routes 019, 110, 112, 125, 129 & N19



## 3 Central Park East

Stroll through Kinnee Park on this walk which meanders through the neighbourhood and includes a long section in Central Park. It provides walkers with an opportunity to enjoy the urban forest and serenity of Central Park.

**EST. TIME:** 40 minutes  
**DISTANCE:** 2.1 km  
**PARKING:** Central Park  
 Patterson SkyTrain Station,  
 Bus Routes 049, 110, 112, 116, 125,  
 129, 430 & C7

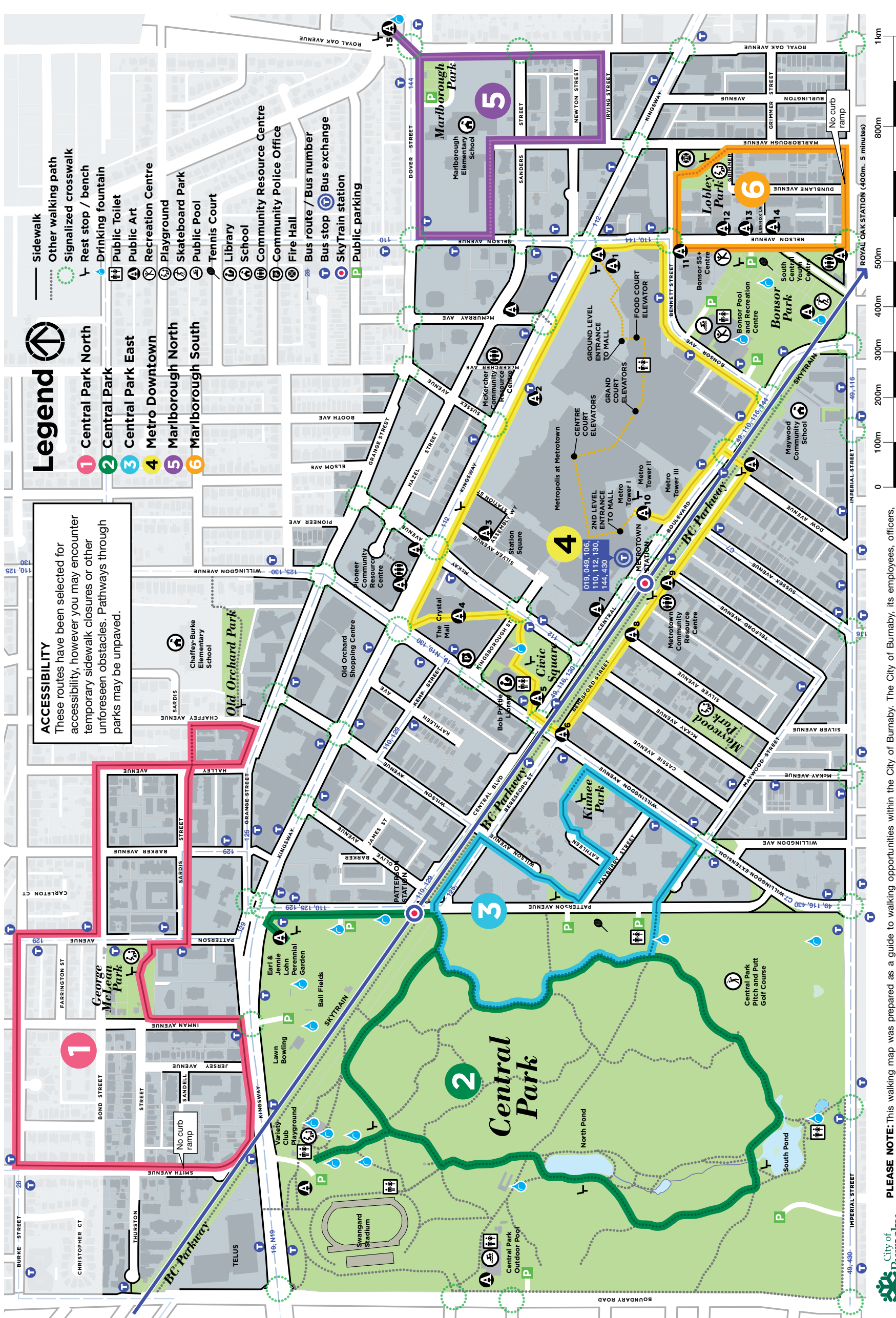


**ACCESSIBILITY**  
 These routes have been selected for accessibility, however you may encounter temporary sidewalk closures or other unforeseen obstacles. Pathways through parks may be unpaved.

## Legend

- 1 Central Park North
- 2 Central Park East
- 3 Central Park
- 4 Metro Downtown
- 5 Marlborough North
- 6 Marlborough South

- Public Toilet
- Public Art
- Recreation Centre
- Playground
- Skateboard Park
- Public Pool
- Tennis Court
- Library
- School
- Community Resource Centre
- Community Police Office
- Fire Hall
- Bus route / Bus number
- Bus stop
- Bus exchange
- SkyTrain station
- Public parking



**PLEASE NOTE:** This walking map was prepared as a guide to walking opportunities within the City of Burnaby. The City of Burnaby, its employees, officers, directors and representatives do not guarantee the accuracy of the information contained herein nor warrant the safety or fitness of any route shown on this map.



## 4 Metro Downtown

Metrotown is rich in art and culture. Explore its many destinations on this walk, which includes the Bob Prittle Library and Civic Square, the Bonsor Recreation Centre and the Pioneer and Metrotown Community Resource Centres. Art can be found throughout the walk including "Dolphins in Unison", set within a fountain in the Metro Towers Plaza, the "Evangeline and Bay Bébé" horses in Civic Square and many installations along Beresford St.

**EST. TIME:** 1 hour 15 minutes  
**DISTANCE:** 3.6 km  
**PARKING:** Bonsor Recreation Centre  
 Metrotown SkyTrain Station, Bus Routes 019, 049, 110, 112, 116,  
 130, 144, 430 & N19



## 5 Marlborough North

Enjoy the scenic views of Deer Lake to the north as you explore the "Water Spheres" art installation at the northeast corner of Royal Oak and Dover Street. This short walk also takes you through the Marlborough School Park.

**EST. TIME:** 35 minutes  
**DISTANCE:** 1.7 km  
**PARKING:** Marlborough Park  
 Bus Routes 110, 112, 144 & N19



## 6 Marlborough South

This one kilometer loop takes you through Lobley Park and alongside Bonsor Park. Enjoy a gentle stroll along the west side of Nelson Avenue beside the Seniors 55+ Centre and the popular Bonsor Pool and Recreation Centre and visit the public art on the southeast corner of Nelson Avenue and Bennett Street.

**EST. TIME:** 20 minutes  
**DISTANCE:** 1 km  
**PARKING:** Bonsor Recreation Centre  
 Royal Oak SkyTrain Station (400m),  
 Bus Routes 110 & 144

