**Shadbolt Centre for the Arts** 

# LONG-TERM YOUTH DANCE

Program Handbook 2024-2025



shadbolt for centre arts





### **WELCOME BACK**

#### Shadbolt Centre's long-term 2024-2025 dance season!

Jump into your seats this season!

#### Shadbolt dance performances

We encourage our dancers and their families to see live dance performances at the Shadbolt Centre this year. Seeing live performances exposes young dancers to different styles and forms of dance. It also inspires them and enriches their learning experience.

Students may purchase 2 tickets per show for the centre's dance series at a reduced price of \$15 each. All listed performances take place at the Shadbolt Studio Theatre. For tickets, contact the box office at 604-205-3000 or visit us in person.

For a listing of all live performances, check out our website at ShadboltCentre.com.

#### Shadbolt resident company and student shows

#### **Explorations**

Youth In Motion and Continuum in Performance Saturday, December 7, 2024 2 pm | Tickets \$15

#### From the Land of the Nutcracker

Ballet Repertoire and Guests Friday, December 13, 2024 7:30 pm | Tickets \$15 Saturday, December 14, 2024 2 pm | Tickets \$15

#### **Footprints**

Youth In Motion with Special Guests Saturday, March 8, 2025 7:30 pm | Tickets \$15

#### In Studio Performance

Continuum Sunday, March 16, 2025 2 pm | Free

#### Here and Now

Continuum in Performance Friday, May 9, 2025 and Saturday, May 10, 2025 7:30 pm | Tickets \$15

#### **New Expressions**

Youth In Motion Friday, June 6, 2025 and Saturday, June 7, 2025 7:30 pm | Tickets \$15

#### Art on the Spot - Free Dance Events

International Dance Day Celebration Saturday, April 26, 2025 11 am | Atrium | Free



## **TABLE OF CONTENTS**

Long-term dance schedule and class descriptions	6
Ballet and Pointe	8
Modern	12
Тар	14
Youth In Motion	15
Long-term dance calendar	16
Parent information, program policies and dress codes	18
Registration information	20
Payment and refund policy	21
Important dates	22
Adult classes	22
Dance shops	23

This handbook provides important information to the students and parents regarding registration, schedules, program policies and performance dates. Please keep this booklet on hand as you will need to refer to it throughout the year.

Placement is confirmed only upon registration. Pre-registration does not guarantee your first choice of classes. We welcome you to take advantage of the pre-registration process as classes fill up quickly.

# LONG-TERM DANCE SCHEDULE AND CLASS DESCRIPTIONS

The following pages contain schedules and class descriptions for all of the dance classes.

Please note that the first two weeks are placement classes.

The instructor and programmer may suggest that some students move to another level or class to match their skill level. We ask parents to respect such requests as they are made with the child's interest in mind.



#### The long-term youth dance program (for ages 6 to 18 years) includes:

#### Monday classes:

26 classes in the studio

Tuesday and Wednesday classes:

31 classes in the studio

Thursday and Friday classes:

30 classes in the studio

Saturday classes:

27 classes in the studio

All classes attend 1 technical rehearsal and 2 performances.

Please note that in-studio sessions may vary due to statutory holidays and other bookings.

The Long-Term Dance Program requires a full year commitment from September to the first weekend in June. Please see City of Burnaby website for the refund policy: Burnaby.ca/Refunds



### **BALLET AND POINTE**

Ballet classes focus on dynamic alignment, poise and technique to develop full-body integration. Classes are taught in a supportive environment with an added focus on phrasing and musicality to develop expression in performance. Course cost includes an accompanist fee and a \$30 costume and performance fee.

#### Why is it important to take ballet?

Ballet is important in any form of dance as it provides the fundamentals of technique. Not only does it develop muscle memory through the repetition of movement sequences, but it also develops stability, body connectivity and musicality. Students build focus and discipline and learn to appreciate dance as an art form.

#### Ballet dress code

Black tank top style leotard, pink ballet tights and pink pleated toe ballet slippers or a white short-sleeved t-shirt, black tights and black pleated ballet slippers. All shoes must be canvas or leather and have a leather sole. Please note that barefoot convertible tights are recommended for those in modern (see photo).



In addition to the regular class ensemble (tights, leotard, etc.) foundation garments will be required for concert performances.

**Foundation garments:** Students may be asked to purchase undergarments required to wear under costumes: snug fitting nude/skin-colour underwear or shorts and sports bra, or leotard.

Students with long hair must pull it up in a bun.

Students must also purchase white or light elastic. This elastic can be either a  $\frac{1}{2}$  inch or 1-inch, which parents can buy at a dollar store, local fabric shop or dance shop. This elastic is worn around the waist over top of the leotard, providing dancers with a visual cue of the body's centre.

Progre	ssive Leve	el Ballet			
Pre-Ball	let (6 years	s)			
31601	Saturday	9:15-10:15 am	September 14	\$415.65	Heather Parlongo
31602	Saturday	11:40-12:40 pm	September 14	\$415.65	Allison Lang
31603	Wednesday	3:45-4:45 pm	September 11	\$468.85	Jullianna Oke
Ballet 1	(7-8 years)				
31604	Saturday	10:20-11:20 am	September 14	\$415.65	Heather Parlongo
31605	Monday	3:45-4:45 pm	September 9	\$402.35	Jullianna Oke
31606	Friday	4:00-5:00 pm	September 13	\$455.55	Jenni Higgins
Ballet 2	(8-9 years	)			
31607	Saturday	9:15-10:15 am	September 14	\$415.65	Allison Lang
31608	Saturday	11:25-12:25 pm	September 14	\$415.65	Heather Parlongo
31609	Monday	3:45-4:45 pm	September 9	\$402.35	Heather Parlongo
Ballet 3	(9-11 years	5)			
31610	Saturday	10:20-11:35 am	September 14	\$512.06	Allison Lang
31611	Monday	4:50-6:05 pm	September 9	\$495.44	Jullianna Oke
31612	Friday	5:05-6:20 pm	September 13	\$561.94	Jenni Higgins
Ballet 3	Intermedia	ate Ballet Level 3 pre	erequisite.		
31613	Saturday	1:00-2:15 pm	September 14	\$512.06	Allison Lang
31614	Monday	4:50-6:05 pm	September 9	\$495.44	Heather Parlongo
31615	Wednesday	4:50-6:05 pm	September 11	\$578.56	Jullianna Oke
Ballet 4	(12 years+	) Ballet Level 3 Interm	ediate prerequisite	. Class is twice	per week.
31616	Monday	6:10-7:25 pm	September 9	\$1,010.81	Jullianna Oke
	Wednesday	6:10-7:25 pm			
31617	Wednesday	4:00-5:15 pm	September 11	\$1,027.44	Heather Parlongo
	Saturday	12:45-2:00 pm			
Ballet 4	Intermedia	ate Ballet Level 4 pre	erequisite. Class is t	wice per week	
31618	Monday	4:00-5:15 pm	September 9	\$1,010.81	Carol Mendes
	Wednesday	4:00-5:15 pm			
31619	Wednesday	5:20-6:35 pm	September 11	\$1,027.44	Heather Parlongo
	Saturday	2:05-3:20 pm			
Ballet 5	Ballet Level 4 li	ntermediate prerequisi	ite. Class is twice pe	er week.	
31620	Monday	4:00-5:15pm	September 9	\$1,010.81	Katie Cassady
	Wednesday	4:00-5:15pm			
Ballet 6	Ballet Level 5 p	orerequisite. Class is 1.	5 hours and twice p	er week.	
31621	Monday	6:15-7:45pm	September 9	\$1,206.98	Heather Parlongo
	Wednesday	6:45-8:15pm			

Please note: Scheduled instructors are subject to change.

Drague	امديد المدينود	Dellat			
Progre	ssive Level	Dallet			
Ballet 7	<i>Ballet Level 6</i> pr	erequisite. Class is 1.5	hours and twice pe	r week.	
31622	Monday	5:20-6:50 pm	September 9	\$1,206.98	Carol Mendes
	Wednesday	5:20-6:50 pm			
Ballet 8	Ballet Level 7 &	8 first year prerequisite	e. Class is 1.5 hours	and twice per	week.
31623	Monday	5:20-6:50 pm	September 9	\$1,206.98	Katie Cassady
	Wednesday	5:20-6:50 pm			
Ballet A	Advanced B	allet Level 8 prerequisi	ite. Class is 2 hours	and includes p	pointe work.
31624	Monday	7:00-8:45 pm	September 9	\$1,403.14	Carol Mendes
	Wednesday	7:00-8:45 pm			
Pointe*		ly. Please see descrip or <i>Ballet Level 8</i> dance		e a week.	
31625	Monday	6:55-7:25 pm	September 9	\$422.33	Katie Cassady
	Wednesday	6:55-7:25 pm			
Ballet 1	echnique c	pen level (12 y	/ears+)		
31626	Wednesday	7:30-8:45 pm	September 11	\$578.56	Jullianna Oke
Ballet F	Repertoire 1	his is a short-term pro	gram with perform	ance.	
Senior	Dancers must be	registered in Ballet Lev	vels 5, 6, 7, 8 or Adv	anced.	
31701	Friday	4:00-6:00 pm	September 13	\$366.30	Carol Mendes
Junior	Dancers must be i	registered in <i>Ballet Lev</i>	rels 3, 3 Intermediat	e, 4 or 4 Intern	nediate.

#### PRE-POINTE PLUS CONDITIONING

Ballet Levels 6, 7 and 8 are 1.5 hours long to integrate pre-pointe and conditioning work to improve strength and technique that higher levels demand. Please note that completing this class does not guarantee a student will move towards pointe work.

#### POINTE

Ballet Advanced will integrate pointe work throughout the class at the discretion of the instructor. Pointe classes are for advanced ballet dancers by invitation only. We select dancers based on their alignment, strength, and technique. Since pointe work is not an automatic continuation of our ballet program, only those who can execute pointe safely are invited. Dancers will be assessed during the first two weeks of class and should NOT purchase new pointe shoes until the instructor has completed the assessment. Course cost includes a \$30 costume and performance fee.

#### **BALLET REPERTOIRE**

In this course, dancers will immerse themselves in ballet choreography. Each class will begin with a technical warm-up followed by an exploration of classical ballet choreography.

The fall session is a short-term course; participants have the option of re-registering for the winter session.

In the fall session, dancers will prepare for a performance, *The Land of the Nutcracker*. Dancers must currently be registered in the Long-Term Dance Program and attending ballet classes. Attendance to all rehearsals and performances is mandatory. Course cost includes a \$30 costume and performance fee. Please call Jeannine Miller at 604-205-3037 for more information.



### **MODERN**

Modern dance is distinguished by its use of expression, exploration and movement invention. This dance form focuses on dynamic alignment, use of gravity and momentum through the exploration of floor work and sequences that move three-dimensionally through space. Students explore concepts of body, dynamics, shape and space to the sounds of live percussion music. The focus is on dance as an art form and students are given the tools to develop self-expression in a process oriented environment. Students in *Modern Levels 4* and up must also register for ballet. Course cost includes an accompanist fee and a \$30 costume and performance fee.

### Why should a student register for ballet when they are taking modern dance?

When dancers study ballet and modern dance, they receive well-rounded training. In ballet, they develop alignment, strength and technique. In modern, they develop self-expression, spine mobility, and an awareness of time, space and energy while utilizing abstract thinking. *Modern 4* and up curriculum requires more internal strength from the students, so they must take at least one ballet class a week to complement their training.

#### Modern dress code

Black tank top style unitard or leotard with black footless tights. Students can also wear a black short sleeve t-shirt with black footless tights. Students with long hair must tie their hair back.



Progre	ssive Lev	el Modern			
Pre- Mo	odern (6 ye	ars)			
31627	Saturday	11:00 am-12:00 pm	Septmeber 14	\$415.65	Gabriela Galindo
Modern	1 (7-8 yea	ars)			
31682	Saturday	9:30-10:30 am	September 14	\$415.65	Natalia Martineau
Modern	n 2 (8-9 yea	ars)			
31683	Saturday	10:35-11:35 am	September 14	\$415.65	Natalia Martineau
Modern	1 3 (9-10 ye	ars)			
31684	Saturday	11:45-1:00 pm	September 14	\$512.06	Natalia Martineau
Modern	n 3 interme	diate Modern Level	3 prerequisite.		
31685	Saturday	1:15-2:30 pm	September 14	\$512.06	Natalia Martineau
Modern	1 <b>4</b> Modern Lev	rel 3 intermediate prere	equisite. Must also reg	gister in balle	et.
31686	Tuesday	4:00-5:15 pm	September 10	\$578.56	Carla Alcántara
Modern	1 4 interme	diate Modern Level	4 prerequisite. Must	also register	in ballet.
31687	Tuesday	4:00-5:15 pm	September 10	\$578.56	Heather Kirkland
Modern	1 5/6 Modern	<i>Level 4 intermediate</i> pr	rerequisite. Must also	register in b	pallet.
31688	Tuesday	5:25-6:55 pm	September 10	\$688.28	Heather Kirkland
Modern	7 Modern Lev	rel 6 prerequisite. Must	also register in ballet		
31689	Tuesday	7:00-8:30 pm	September 10	\$688.28	Heather Kirkland
Modern	Advanced	d Modern Level 7 prere	equisite. Must also reg	jister in balle	et.
31690	Tuesday	5:25-6:55 pm	September 10	\$688.28	Carla Alcántara

### TAP

Students explore classical and rhythm tap while developing coordination and musicality in a fun and supportive environment. Students are encouraged to also register for modern or ballet to support their development and growth. Instructors discuss shoes during the first class. Course cost includes an accompanist fee and a \$30 costume and performance fee. Please do not purchase new shoes until you speak with your child's instructor.

#### Tap dress code

Black leggings or dance pants with a black tank top, black leotard, or black short-sleeved t-shirt. No street clothes or baggy clothes are allowed. We will discuss tap shoes during the first class. Hard-soled shoes are fine for the first day. Students with long hair must tie their hair back.

Progres	ssive Leve	el Tap						
Tap 2 (7-9 years) Little to no experience required.								
31691	Friday	3:45-4:45 pm	September 13	\$455.55	Bryn Kinders			
<b>Tap 4</b> <i>Tap</i>	<i>Level 3</i> prerequ	uisite.						
31692	Friday	4:50-5:50 pm	September 13	\$455.55	Bryn Kinders			
Tap 5/6	Tap 5/6 Tap Level 4 prerequisite.							
31693	Thursday	5:05-6:05 pm	September 12	\$455.55	Jeffrey Dawson			
<b>Tap 7</b> <i>Tap</i>	Level 6 prerequ	uisite.						
31694	Friday	5:55-6:55 pm	September 13	\$455.55	Bryn Kinders			
Tap Adv	anced Tap l	Level 7 prerequisite.						
31695	Thursday	6:10-7:10 pm	September 12	\$455.55	Jeffrey Dawson			
Beginne	er Tap: Tee	n (13 years+)						
31696	Thursday	4:00-5:00 pm	September 12	\$455.55	Jeffrey Dawson			
<b>Youth In Rhythm</b> Dancers must be registered in <i>Tap Levels 5</i> and up.  This is short-term program with informal performance in studio.								
31697	Tuesday	4:00-6:00 pm	October 1	\$197.70	Bryn Kinders			

Youth In Rhythm is an opportunity for experienced tap dancers to develop performance skills while immersing themselves in choreography and rhythm exploration. This is a short-term course geared towards dancers currently registered in *Tap Levels 5* and up. There will be an informal studio performance at the end of the session.

### YOUTH IN MOTION

This youth dance company for committed dancers focuses on modern dance composition and performance in a non-competitive environment. Dancers are introduced to ideas, purpose, and appreciation of dance as an expressive art form. There are performance opportunities throughout the year and a year-end performance in June. Interested dancers must audition and have previous ballet and modern training. Dancers accepted into the Youth In Motion Dance Company must register for ballet and modern in our Progressive Level Program and Youth In Motion: Composition and Rehearsal class. Please call Jeannine Miller at 604-205-3037 for more information. Course cost includes a \$60 costume and performance fee.

Dancers interested in auditioning for the Company must have previous experience in ballet and modern dance. Dancers auditioning for the Junior Company must be at least 10 years of age. Dancers entering Grade 8 must audition for the Senior Company.

Artistic Director: Heather Kirkland

Choreographers: Carla Alcántara and Heather Kirkland

Youth In Motion							
Junior Dance Company Must have permission to register.							
31698	Thursday	4:00-6:00 pm	September 12	\$732.60	Carla Alcántara		
Senior	Senior Dance Company Must have permission to register.						
31699	Thursday	4:00-6:00 pm	September 12	\$732.60	Heather Kirkland		



### LONG-TERM YOUTH DANCE CALENDAR 2024/2025

Classes scheduled

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		racoday	неанезаау	TrialSady	- Hady	- Saturday
Septemb	er 2024					
1	2 Stat Holiday	3	4	5	6	7
8	9 Monday Starts	10 Tuesday Starts	11 Wednesday Starts	12 Thursday Starts	13 Friday Starts	14 Saturday Starts
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 Truth and Reconciliation					
October :	2024					
October .	2024	1	2	3	4	5
6	7	8	9	10	11	12
13	14 Thanksgiving	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31 Halloween*	* Morning classes of	nly.
Novembe	or 2024					
Novembe	2024				1	2
3	4	5	6	7	8	9
10	11 Remembrance	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
Decembe	er 2024					
1	2	3	4	5	6	7 EXPLORATIONS Studio Theatre
8	9 Last Monday	10 Last Tuesday	11 Last Wednesday	12 Last Thursday	13 Last Friday The Land of the Nutcracker Studio Theatre	14 Last Saturday The Land of th Nutcracker Studio Theatre
15	16	17	18	19	20	21
22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day	27	28

1 Statutory Holiday

No classes

4	~

January 2025

6 All classes resume 7

31 New Year's Eve

	Classes scheduled No classes						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
February 2	2025						
•						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16 No classes	17 Family Day	18	19	20	21	22	
23	24	25	26	27	28		
March 202	25						
						1	
2	3	4	5	6	7	8 FOOTPRINTS Studio Theatre	
9	10	11	12	13	14	15	
16 Continuum studio performance	17 Spring Break	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31 Classes resume						
April 2025	5						
p 0 _ 0		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18 Good Friday	19	
20	21 Easter Monday	22	23	24	25	26 International Dance Day	
27	28	29	30			,	
May 2025				,			
Way 2025	•			1	2	3	
4	5	6	7	8	9 Continuum HERE & NOW Performance	10 Last Class Stage Rehearsa Continuum HERE & NOW Performance	
11	12 Last Class Stage Rehearsal	13 Last Class Stage Rehearsal	14 Last Class Stage Rehearsal	15 Last Class Stage Rehearsal	16 Last Class Stage Rehearsal	17	
18	19 Victoria Day	20 Technical Rehearsal	21 Technical Rehearsal	22 Technical Rehearsal	23 Technical Rehearsal	24 Year-end Concerts	
25 Year-end Concerts	26	27 Technical Rehearsal	28 Technical Rehearsal	29 Technical Rehearsal	30 Technical Rehearsal	31 Year-end Concerts	
June 202!	5						
1 Year-end Concerts	2	3	4	5 Adult Showcase	6 NEW EXPRESSIONS	7 NEW EXPRESSIONS	
						l	

### Dance Concert Dates 2025 Junior and Intermediate Shows: May 24 and 25 Senior Show: May 31 and June 1

Notices will be sent home before Spring Break regarding specific information about rehearsals and performances. Please note that rehearsal and performance dates are subject to change.

# PARENT INFORMATION, PROGRAM POLICIES & DRESS CODES

#### Drop off and pick up policy

Dancers ages 12 and under should not be left unattended at any time. You must wait with your child until the class begins and ensure that they are picked up from the dance studio promptly at the end of class, unless you have given written permission for your child to arrive and leave on their own.

#### Parent helpers

To keep program costs affordable, we ask all families to try to contribute a minimum of two hours helping at the spring dance concert. This is a condition of registration. Helper forms are distributed to families at the beginning of the spring session.

#### Dress

All participants must follow the dress codes. Please refer to the course descriptions for the dress code for your particular discipline. No baggy clothes are allowed. Long hair must be tied back (in a bun for ballet) to see the neck and spine alignment. See page 23 for a list of stores that carry dancewear.

Please label all dancewear with your phone number on the inside labels, including both shoes.



Absence from class policy

PLEASE STAY HOME if your child is displaying any cold or flu symptoms of any kind, even mild ones.

» If your child will be absent from class, please call the front desk staff at 604-297-4440, especially if the absence will be for an extended period.

#### Make-up class policy

If a class is cancelled due to unforeseen reasons, we will schedule a make-up session when possible.

#### Photo release forms and program archive

From time to time, you may see a designated City of Burnaby photographer taking photos for promotional purposes or to archive the dance program. If a photographer takes any photos during a dance class, we will ask parents to sign a photo release form. Please let us know if you prefer not to have your child's photo taken. We will not use the children's names in any promotional material.

#### Students with allergies, injuries or medical concerns

If your child has an existing medical condition or life-threatening allergies, please fill out a Participant Profile Form upon registration and notify the Dance Office to assist us in providing your child with a safe and successful experience. Please speak with your child's dance instructor or contact the Dance Programmer, Jeannine Miller.

#### Students with special needs

For students who require an assistant to participate in the class, we ask that you complete a Participant Profile Package available at time of registration. In some circumstances, we may request that the parent support their child to participate. Please contact Jeannine Miller at 604-205-3037.



### REGISTRATION INFORMATION

Pre-registration for the 2024-2025 Long-Term Dance Program:

**IN PERSON OR BY PHONE 604-297-4440** 

Monday, June 17-Friday, June 21 from 10 am-4 pm Monday, June 24-Friday, June 28 from 10 am-4 pm.

#### Pre-registration for returning long-term dance students

**Pre-registration is for current returning students only** (does not apply to siblings new to the program) and is on a first-come, first-served basis.

Payment may be made in full or scheduled as follows:
First payment 50% at time of registration
Second payment 25% on December 15, 2024
Third payment 25% on March 15, 2025

In order to schedule your payments, you are required to save a credit card on your personal WebReg account.

To ease pre-registration and avoid long wait times, we have organized pre-registration by level. You can register your child in the next progressive level; however, if the instructor recommends your child repeat a level, we ask that you follow the recommendation.

#### ALL RETURNING LONG-TERM DANCE STUDENTS

#### Monday, June 17

Pre-ballet, pre-modern, level 1 of ballet, modern and tap

#### Tuesday, June 18

Levels 2 and 3 of ballet, modern and tap

#### Wednesday, June 19

Levels 3 intermediate, 4 and 4 intermediate of ballet, modern and tap

#### Thursday, June 20

Levels 5, 6 and 7 of ballet, modern and tap

#### Friday, June 21

Levels 8 and advanced of ballet, modern and tap, and pointe

#### RETURNING LONG-TERM DANCE STUDENTS ALL LEVELS

Monday, June 24-Friday, June 28

#### **IMPORTANT** information regarding levels

Intermediate levels are mandatory.

If your child was registered in *Ballet 3* or *Modern 3*, the next progressive level is 3 intermediate.

If your child was registered in *Ballet 4* or *Modern 4*, the next progressive level is 4 intermediate.

### **PAYMENT & REFUND PROCEDURE**

#### PLEASE NOTE OUR PAYMENT PROCESS. Refer to below for details.

#### Registration fee

Please ensure that all of your account information in WebReg is up to date prior to registration day.

Your payment for Long-Term Dance Programs can be made in full at time of registration, with an option of scheduling your payments. Please note that scheduled payments are only permitted on accounts that have saved an active credit card. Cheques will NOT be collected or stored for future payments. First payment of 50% is due at the time of registration and your second and third payments of 25% are due December 15, 2024 and March 15, 2025. Money owing on accounts is not permitted, and if a payment is not made as required, it will result in the student not being permitted to participate until the amount owing has been paid in full.

#### Refunds

Learn more about our refund procedures: Burnaby.ca/Refunds

#### Accepted forms of online payment

Visa, MasterCard, AMEX

### **IMPORTANT DATES**

Full program calendar is on page 16 and 17.

Scheduled payments

Refer to page 20.

Last week fall classes

December 9-14, 2024

Classes resume after December break January 6-12, 2025

Spring Break March 17-29, 2025

Easter Weekend April 18-21, 2025 Stage Rehearsals

Held during last class in May.

**Technical Rehearsals** 

Junior Show May 20 and 21, 2025 Intermediate Show May 22 and 23, 2025

Senior Show May 27, 28, 29 and 30, 2025

Junior & Intermediate Shows

May 24 and 25, 2025

**Senior Show** 

May 31 and June 1, 2025

All of the above is subject to change.

## **ADULT CLASSES**

#### Did you know that we offer classes for adults?

We encourage parents of our youth dance program to try out a dance class. Classes run every session (fall, winter, spring) in tap, modern, ballet and jazz. Workshops and performance classes are also offered.

"The Shadbolt is, in my opinion, the best community program available. I have been dancing at the Shadbolt for the past 11 years in modern jazz and butoh classes. I love the program and it has provided me with a community of friends that have become an integral part of my life. The classes are so supportive, and I have developed a new skill set I never thought I would possess. The instructors at the Shadbolt are amazingly talented and professional. I recommend the Shadbolt to anyone looking to enhance their life in a creative way and have a place to connect with community."—Tracy Herbert (adult dance student)

#### Not sure what level to register for?

The beginner level is for those new to dance or who have a year of dance experience. Intermediate is for those with at least two years of dance experience, while advanced is for those with over three years of experience. Visit **ShadboltCentre.com** 

## **DANCE SHOPS**

#### You can purchase dancewear at the following shops:

#### **Avalon Dance Shop**

avalondance.ca

604-874-2461 120 - 8047 120 Street, North Delta (in Superstore lot)

The Dance Shop

thedanceshop.ca

604-733-6116 1089 West Broadway, Vancouver

**Duck Feet** 

thedanceshop.ca

604-770-1466 1079 Marine Drive, North Vancouver



